

SEEM Collaborative Lunch

June 2017

Monday Tuesday Wednesday Thursday Friday

		WG Chicken Patty on a WW Roll Sweet corn Pears	1 WG Chicken nuggets Whipped Potatoes WW roll Carrots Watermelon	2 WG Individual Pizza 3 Bean Salad Baby Carrots Peaches
5 WG Mozzarella Sticks with Marinara Sauce WG Garlic Bread stick Green Beans Mixed fruit	6 Hot dog on a WW Roll Baked Beans Tater tots Apple	7 Early Release Ham & Cheese on a WG Croissant RF Cape Cod Chips Baby Carrots Fresh Fruit	8 Rotisserie Chicken WG Biscuit Baked Potato Broccoli Apple crisp with topping	9 WG Sal's Pizza Slice Tossed Salad 100% Frozen Fruit cup
12 Toasted cheese on WW Bread Oven Fries Pears	13 WG Popcorn Chicken French Bread Broccoli WG Garlic Pasta Peaches	14 Hamburger, Cheeseburger, or Hot Dog RF Cape Cod chips Baby Carrots Watermelon	15 Soft or Hard Taco with Seasoned Meat Shredded Cheese Lettuce, Tomato & Salsa Refried Beans Brown rice Pineapple	16 WG Pizza slice Fresh Veggies Fruit Fruit

AVAILABLE DAILY

Assorted Lowfat & Nonfat Milk
Assorted Fresh Fruit
Side Caesar Salad
Side of Baby Carrots

SANDWICH CHOICES DAILY:

Tuna Salad Wrap
Ham & Cheese Wrap
Sliced Turkey Wrap
Romaine Salad with Chicken & WW Wrap

Peanut Butter & Jelly
Peanut Butter & Fluff

Lunch Includes: Main Dish or Alternate Choice - Vegetable, Fruit and Assorted lowfat & non fat Milk - \$2.75

Milk - \$.50

Menu Subject to Occasional Change

WE ARE PROUD TO

SEEM Collaborative Lunch

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
19 Chicken Patty on a WW roll Corn Nibbles Fresh Fruit	20 Early Release Ham & Cheese on a WG Croissant Baby Carrots Fresh Fruit	21 No School	22 No School	23 No School
26 Beebe Hamburger or Cheeseburger on a WW Roll Oven Fries Peaches Tuna Salad on a WW Roll Baby Carrots Peaches	27 Beebe Meatball Subs Peas Pineapple Turkey Club Wrap RF Cape Cod Chips Celery Sticks Pineapples	28 Beebe Hot Dog an a WW Roll Baked Beans Tater Tots Applesauce Roast Beef on a WW sub roll 3 Bean Salad Tossed Salad Fresh Fruit	29 Beebe Chicken nuggets WW Roll Whipped potatoes Carrots Cranberry sauce Chicken Salad on a WW Bulkie Fresh Veggie sticks Pears	30 NO Lunches

SEEM Collaborative - Breakfast

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			1 4 oz Yogurt Assorted WG cereals Assorted Fresh fruit or 100% Juice	2 Bacon, Egg & Cheese on a WW English muffin Assorted WG cereals Assorted fresh fruit or 100% Juice
5 WG Bagel with lite Cream Cheese Assorted fresh fruit or 100% Juice	6 WG Pancakes with Syrup Assorted WG cereals Assorted Fresh Fruit or 100% Juice	7 Assorted WG Muffins Assorted WG cereals Assorted Fresh fruit or 100% Juice	8 4 oz Yogurt Assorted WG cereals Assorted Fresh fruit or 100% Juice	9 Ham, Egg & Cheese on a WW English Muffin Assorted WG cereals Assorted fresh fruit or 100% Juice
12 WG Bagel with lite Cream Cheese Assorted fresh fruit or 100% Juice	13 WG French toast with Syrup Assorted WG cereals Assorted Fresh Fruit or 100% Juice	14 Assorted WG Muffins Assorted WG cereals Assorted Fresh fruit or 100% Juice	15 4 oz Yogurt Assorted WG cereals Assorted Fresh fruit or 100% Juice	16 Bacon, Egg & Cheese on a WW Croissant Assorted WG cereals Assorted fresh fruit or 100% Juice

Milk/Juice .50
 Breakfast meal - \$1.50
 Adult meal - \$2.00

Available Daily

Assorted low fat & nonfat milk
 Assorted fresh fruit
 Assorted WG Cereal

Assorted WG
 Muffins
 WG Bagel with
 Lite Cream Cheese
 Yogurt
 Cheese Stick